



# Trustee Times

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### Region of Peel Working for you

*Support & Trustee Advisory Services is pleased to acknowledge the receipt of a generous grant from the Region of Peel in recognition of our work with and for families with a family member who has a disability. This grant will help STAS to continue and expand upon the work started over the last four years. Thank you, Region of Peel for this honour. We salute your vision and look forward to reaching new heights in the year to come.*

Support & Trustee Advisory Services thanks the Pendle Fund at the Community Foundation of Mississauga for the generous grant in recognition of our work.

*Happy New Year*

*It's that time of year where we make all kinds of New Year's resolutions. Of course, the one resolution that parents should make and **always** keep is the one to have their wills made or updated and to make plans for the future for their disabled son or daughter.*

*What would be included in a typical plan? To summarize briefly these are some of the things that parents should consider when planning for their disabled son or daughter:*

- 1. What is the individual like, what are his or her strengths or challenges?*
- 2. What does he or she like to do? What is he or she doing now? What does he or she want to do?*
- 3. Who are the people in his or her life?*
- 4. Is there a circle of support? If so, who is in the circle and how are they contacted?*
- 5. What financial arrangements have been included in the will? Who are the contact people?*
- 6. Also helpful would be some type of budget, outlining what costs the individual currently has. Does he or she receive any support currently? If so, how is that paid for?*
- 7. What plans have been put in place that outline how and where the individual will live?*

*A plan involves many more details; these are but a few of the considerations parents must make in order to ensure the future security of their disabled son or daughter.*

*Parents who decide to plan for their son or daughter with an intellectual disability have stated that they feel that a burden has been lifted. They know that when they are no longer able to advocate or provide for the little extras in life, their son or daughter will not have to worry.*

*Without planning parents will not have a say as to how the money they have left for their disabled child is spent. Proper planning will provide parents with peace of mind. Their son or daughter will have an enriched life - maybe he or she may be able to take that vacation they have always wanted, or maybe more than one vacation; maybe he or she will be able to go out for dinner more often, or to the movies...the possibilities are endless.*

*And remember: "Planning is bringing the future into the present so that you can do something about it now" What have you done to start planning for your disabled son or daughter? There's no time like the present!*



**"PARENT PLANNING GUIDE" WORKBOOK WILL  
SOON BE AVAILABLE TO COMPLETE ONLINE AT  
[www.supportandtrusteeadvisoryservices.ca](http://www.supportandtrusteeadvisoryservices.ca)**

Through the generosity of the grant received from the Region of Peel and as a way of reaching out to more families in Peel Region, STAS is expanding the STAS web site and providing the opportunity for parents to be able to download the workbook to their computers and complete it, store it and print it at their convenience!

Families can also look forward to more links being available on the STAS web site, as well as copies of presentations such as, for example, the Registered Disability Savings Plan, November 2009.

*Thank you Region of Peel!!*



## UPCOMING SEMINAR

Of particular interest to MISSISSAUGA FAMILIES

Wills and Trusts & Financial Planning  
Saturday February 20, 2010

*A special opportunity to attend both a Wills and Trusts  
and Financial Planning seminar, as well as learning  
about Mississauga Homes for Independent Living and  
Support & Trustee Advisory Services*

*Location: 6695 Millcreek Drive, Unit 1*

*Time: registration 9:30; sessions from 10:00 a.m. - 3:00 p.m.*

*For more information call: Sue Taggart 905-542-2694 ext. 2312*

*SPACE IS LIMITED*

*~A light lunch will be provided~*



**SUPPORT & TRUSTEE ADVISORY SERVICES WILL  
HOST A WILLS AND TRUSTS AND FINANCIAL PLANNING  
SEMINAR IN CALEDON IN 2010!!!**

**STAY TUNED FOR MORE INFORMATION!!**